

Master Tonic

Ingredients

1 part fresh chopped **garlic cloves** (anti-bacterial, anti-fungal, anti-viral, anti-parasitical)
1 part fresh chopped **white onions**, or the hottest onions available (similar properties to garlic)
1 part fresh grated **ginger root** (increases circulation to the extremities)
1 part fresh grated **horseradish root** (increases blood flow to the head)
1 part fresh chopped **Cayenne peppers**, Jalapenos, Serranos, Habeneros, African bird peppers....any combination of the hottest peppers available

Preparation

- Fill a glass jar 3/4 of the way full with equal parts of the above fresh chopped and grated herbs. Then fill to the top with raw unfiltered, unbleached, non-distilled apple cider vinegar.
- Close and shake vigorously and then top off the vinegar if necessary. Begin this formula on the NEW moon and strain and bottle on the FULL moon, (approximately 14 days). Filter the mixture through a clean piece of cotton, bottle and label.
- Make sure that when you are making this tonic that you shake it every time you walk by it, a minimum of once per day. Remember that all the herbs and vegetables should be fresh (and organic if possible), and to use dried herbs only in an emergency.

Usage:

Strain liquids from solids through muslin cloth or strainer into a 8oz. Glass. Note: the solid ingredients retain almost the same potency as the liquid ingredients; therefore, these solids can be puréed to use with other ingredients like honey and lemon to make a salad dressing or to marinate meats of all sorts. For example mixing to taste with Peanut oil makes a great sauce to roast chicken. This formula will not spoil unless mixed with new ingredients.

Dosage:

1/2 to 1 ounce, two or more times daily, gargle and swallow. My patients swear it is not only the cure for the common cold but every other disease of mankind.

Note:

Store your tincture in a dark place as light will deteriorate it. You can put the jar in a paper bag for the brewing and shaking process. "Tinctures last indefinitely, while herbs can lose potency within a year. Also, tinctures enter your system in seconds, as compared with dry herbs in capsules which have to be digested first." Advised Shultz.

This tonic is extremely powerful, because all the ingredients are fresh. Its power should not be underestimated. This formula is a modern day plague tonic and when added to an incurable routine I have seen it cure the most chronic conditions and stubborn diseases. It stimulates maximum blood circulation, while putting the best detoxifying herbs into the blood. This formula is not just for the sniffles, it has helped to turn around the deadliest diseases.

"...I designed this formula as a fresh herb alternative to Dr. Christopher's plague formula, to be more alive, a herbal juice tonic, and believe me, you don't want to be without formulas like this when you or your loved ones get ill; it will save your life. Make up plenty, it can't go bad because vinegar already is, and will last almost forever..." writes Dr. Shultz.

Quoted from Sam Biser's "The Last Chance Health Report" on Killer Viruses: A formula for stopping them when drugs fail.